I am a qualified dance teacher and have been teaching in many schools across London and South Wales since graduating 6 years ago. I studied on the Royal Academy of Dance’s BA (Hons) Ballet Education programme, achieving registered teaching status. I have experience teaching and choreographing in many styles of dance, to a huge range of abilities and ages, including vocational level students, and students who have completed their vocational training and are now applying for jobs in ballet companies.

**Education and qualifications**

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| September 2013 – July 2016September 2011 – July 2013 | Studied on the BA (Hons) Ballet Education Programme, in conjunction with the Licentiate of The Royal Academy of Dance programmeAbbots Bromley School for Girls, Abbots Bromley, Staffordshire.BTEC Dance (A\*) A Level Business Studies (C), A Level Geography (C), AS Level Art (D) Head of Dance Prefect |
| September 2007 – July 2011 | Tring Park School for the Performing Arts, Tring, HertfordshireGCSE English Language (B), English Literature (A), Maths (A), Science (A), Additional Science (B), Art (E), Geography (A), French (A) |

**Work history**

December 2020 – Associate Programme Officer at Ballet Cymru

Present

September 2021 Teacher on the Pre – Professional Programme at Ballet Cymru

-present

September 2021 Ballet teacher at Sophia Leong Dance Academy

-July 2022

January 2019 – Principal of Belmont School of Dance

June 2020

January 2017 – Ballet teacher for Academy Performing Arts (BETTER Gym Company)

March 2020

January 2017 – Dance teacher at Redbridge Classical Dance Studios, Wanstead

December 2019

October 2016 –

present Ballet Teacher at Finchley Ballet School, Finchley

September Ballet teacher at MK Dance, East Croydon

2016 –

December 2016

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| September 2016July 2016September 2015 – June 2016April 2015 | Ballet teacher at Belmont School of Dance, HarrowCover work at Marble Hill Dance StudioRoyal Academy of Dance Headquarters, London. Teaching Placement, AS Level Dance. Responsible for teaching classes, rehearsing their practical exam pieces, helping with revision task, and choreographing and rehearsing a piece for the AS Level end of year showRoyal Academy of Dance Headquarters, London. Teaching Placement, AS Level Dance.Responsible for warming up the students every day before their choreography classes, and responsible for looking after the students during their exam. |
| February – April 2015 |  SOTO Dance Company, East Finchley. Teaching placement. Responsible for teaching short sections of the class, such as travelling exercises and combinations of different genres, including commercial jazz, jazz, rock and contemporary. |
| October – December 2014 | Barnes Ballet School, Barnes. Teaching placement. Teaching short sections of class to various levels, of the Royal Academy of Dance syllabus, including Grades 1, 2, 3 and 6. Assisting with Pre – Primary grade. |

**Skills and achievements**

Choreographic skills

* Experienced in choreographing solo and group works for performance purposes and arranging enchainements/combinations for classes. Have previously choreographed a large group piece for an AS Level Dance class performance.

Ballet technique

* Achieved RAD Advanced 2 Classical Ballet Exam
* Achieved my Intermediate Cecchetti exam
* Achieved my Intermediate ISTD Modern

Organisation skills

* As a stage manager for school productions, I have coordinated the actors and dancers and their props for different songs and dances
* As the Head of Dance prefect, was responsible for liaising with dance students and the Head of Dance about any problems or issues they faced

**Choreography/performance experience**

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| --- | --- |
| March 2019June 2016May/June 2016May 2016May 2016March 2016March 2015March 2013 | Choreographing and teaching multiple pieces for the school performances across all of my usual classes – which I also ended up stage managing for in addition to providing First Aid for several dressing rooms and managing my own dressing roomPerforming with the RAD as part of the Patron’s Lunch Parade and the special finaleChoreographing and rehearsing a piece for the AS Level End of Year ShowPerforming a variety of genres of dance in my Graduation Show, including commercial jazz, hip hop, ballet, contemporary and Latin AmericanChoreographing and rehearsing a commercial jazz piece for my Graduation ShowChoreographing and performing a piece in collaboration with other dancers for MOVE IT 2016Choreographing a dance for the Choreography module in my degree programmeAn Evening of Dance and Musical Theatre. Abbots Bromley School for Girls, Abbots Bromley, Staffordshire. Performed several pieces of different genres, including The Sugar Plum Fairy Variation and the Dance of the Mirlitons  |
| October 2012 | House Performing Arts. Abbots Bromley School for Girls, Abbots Bromley, Staffordshire. An inter house competition. I choreographed, taught the other dancers and performed in three dances for my house.  |
| June 2011 | The Dance Show. Bloomsbury Theatre, London. A part in one of the jazz pieces.The annual Tring Park Dance Course Show. |

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**Other competencies/relevant information**

During my time teaching after having graduated from RAD, I have taught every single level of RAD ballet, including Advanced 2. Whilst training I participated in a number of different summer schools, I have also gained some experience in pas de deux, repertoire and choreographing. Living in boarding houses with many other students for 6 years, and also living in shared accommodation throughout my time at The Royal Academy of Dance, has provided me with the essential experience and knowledge about cooperation, among many different people and personalities, from a variety of different countries and walks of life.

I have experience in teaching ballet, jazz and contemporary to a variety of abilities and ages.

I also have experience in tap, in addition to other styles of dance mentioned previously.

I have efficient needle skills, useful for costume preparation for both performances and competitions. My brother and I have won the UK National Paradance Championships in our category 3 times consecutively.